



CAS (Certificate of Advanced Studies) in Expressive Arts Practice
– 11 cp (5.5 US credits)

Workload	Self-Study	Presence Time (residency with faculty)
330 hours	220 hours	110 hours

11 days for the following learning events:

Advisory Group: Method Specific Training

Seminar

Arts Group Supervision

Seminar

Live Coaching

Seminar

Self study / requirements:

- Praxis related literature review
- Prerequisite: A qualification in the Expressive Arts field and an admission interview.

Key Qualifications:

Ability to practice and to be successful in Intermodal Expressive Arts Practical Work, to recognize resources, to be familiar with resource- and solution oriented approaches and feedback.

The students are able to:

Self-competence

- estimate self-perception and external perception adequately
- create closeness and distance in a professional relationship
- know and to use possibilities of psycho-hygiene
- support co-students in their learning through competent feedback



European Graduate School EGS

Arts, Health & Society Division

Professional competence

- draw a setting considering the clients' needs
- strengthen the competence of the client for action
- distinguish diagnoses and to participate (in the team)
- write reports
- cope with situations of conflict and crises
- represent the method in the associated field
- present cases phenomenologically
- lead a session under observation and to learn from it

Social competence

- understand situations system oriented and to intervene accordingly
- care for a competent handling of institutions, their rules and their personnel
- follow professional and ethical points of view
- show competence in the professional way of expression

Methodological competence

- work in a professional context with EXA according to Low Skill High Sensitivity
- take up criticism
- develop and enlarge a personal style
- know adequate methods and interventions in coping with the artistic work, the group- or single-setting
- practice positive and solution-oriented communication skills
- recognize and to practice which interventions are helpful to make artistic work and session a success
- be familiar with different clientele
- have practiced "to harvest" and to guide sessions according to EXA