



## **EGS Expressive Arts Practice Coaching**

A-P – 11 cp (5.5 US credits)

### **11 days for the following learning events:**

#### **Advisory Group: Method Specific Training**

Seminar

#### **Arts Group Supervision**

Seminar

#### **Live Coaching**

Seminar

*Module A-P counts for Module P.*

*It is also offered as Continuing Education (CEU) Certificate of Advanced Studies (CAS).*

### **Additional requirements:**

#### **Internship**

Required are a Minimum of 30 sessions of Coaching/Consulting, 1.5 hours each, of which 1/3 with a team or a group and 2/3 one to one.

#### **Supervision**

(Expressive Arts) 30 h

Special attention is given to role and setting, and institutional characteristics

#### **Method specific Training**

in a one on one setting min. 5 - 10 h

The 12 sessions method specific core studio taken at module KS (former ITS-M) count for 8 sessions

one to one method specific training.

#### **Self study / requirements:**

- Praxis related literature review

#### **Preparation for the Learning Events:**

**Entrance qualification (E):** internship with Expressive Arts Supervision

**Exam (M):** Leading a session under observation (single or in a group) or having a case supervised



### Key Qualifications:

Ability to practice and to be successful in Intermodal Expressive Arts Practical Work, to recognize resources, to be familiar with resource- and solution oriented approaches and feedback.

The students are able to:

#### **Self-competence**

- estimate self-perception and external perception adequately
- create closeness and distance in a professional relationship
- know and to use possibilities of psycho-hygiene
- support co-students in their learning through competent feedback

#### **Professional competence**

- draw a setting considering the clients' needs
- strengthen the competence of the client for action
- distinguish diagnoses and to participate (in the team)
- write reports
- cope with situations of conflict and crises
- represent the method in the associated field
- present cases phenomenologically
- lead a session under observation and to learn from it

#### **Social competence**

- understand situations system oriented and to intervene accordingly
- care for a competent handling of institutions, their rules and their personnel
- follow professional and ethical points of view
- show competence in the professional way of expression

#### **Methodological competence**

- work in a professional context with EXA according to Low Skill High Sensitivity
- take up criticism
- develop and enlarge a personal style
- know adequate methods and interventions in coping with the artistic work, the group- ore single-setting
- practice positive and solution-oriented communication skills
- recognize and to practice which interventions are helpful to make artistic work and session a success
- be familiar with different clientele
- have practiced "to harvest" and to guide sessions according to EXA