



## **Theoretical Foundation and Research Therapy F**

24 cp (12 US credits)

Workload	Self-Study	Presence Time (residency with faculty)
720 hours	600 hours	120 hours

### **9 Days for the following learning events:**

#### **Developmental Psychology**

Foundation

#### **Biography as a Resource**

or 7 sessions individual biographic work

#### **Understanding Health and Illness**

Psychopathology & Salutogenesis

#### **Ethics and Menschenbild**

Professional Ethics

The Expressive Arts Global Health certificate program in Malta on Trauma Recovery can be taken in place of the above learning events.

### **plus:**

#### **Intermodal Research Colloquium – Qualifying Exam**

(is during summer school organized)

#### **Thesis Project**

Self study / requirements:

- Projects with peer – and self evaluation procedure
- Assigned literature
- Preparation exposé
- Self studies 150 hours
- Entrance qualification (E): artistic experience, preparatory readings
- Module Exam (M): discourse about the Expressive Arts terminology (oral exam within a group setting during the intermodal research colloquium)



### Theoretical concepts – Key Qualification:

Understanding of processes of change in regard of health and illness, human development and existence, moral concepts and human concept "Menschenbild" – in the context of processes of change, specifically with respect to the artistic process.

The students are able to:

#### **Self-competence**

- research bibliographical references on their own
- learn new contents and think them over independently and critically
- use own resources efficiently, e.g. to be curious, interested, thirsty to knowledge
- build up experienced knowledge and cultural background (ontological reconstructing)
- grow with own biography
- be aware of own personal and professional limits as well as potentials
- support and cultivate personal resources in the work with Expressive Arts (EXA)

#### **Professional competence**

- distinguish signs of illness and develop definitions of health (to distinguish between pathology and salutogenesis)
- recognize and support physical, mental and intellectual resources in the professional process
- ask critical questions
- develop a professional model
- reflect upon mankind and development, mankind and change
- understand life crises as a means of activating one's life
- be aware of own professional and ethical responsibility
- deal with questions about mankind, moral concepts and epistemology
- be skillful in medical conversation
- undergo an assessment of competencies and evaluation of prior learning toward the need for further training regarding medical knowledge (somatic disturbances, physiology and anatomy, progress of diseases)

#### **Social competence**

- contribute in the discourse
- cope with different positions
- cultivate an appropriate way in coping with conflicts

#### **Methodical competence**

- deduct and induct
- create a theory Art-oriented or Art-analogue



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- to support the client's ability to take action with adequate methodical interventions



### Research – Key Qualification:

Learning objective: Be able to cope with a special theme and formulation of a question on a practical, theoretical and artistic level making use of a MA Thesis Project in order to recognize resources that strengthen and broaden one's own professional competence and enrich the field of work.

Key qualification: Ability of achieving an innovative, stringent and comprehensible contribution to the Expressive Arts.

The students are able to:

#### **Self-competence**

- think logically and creatively
- be curious and develop a spirit of research
- observe and describe it phenomenologically
- be open for surprises and dissociate themselves from prejudices
- work with discipline
- revise and endure criticism
- cope with ideas, experiences and others' ways of thinking
- assess their abilities adequately (e.g. temporal)

#### **Social competence**

- give their time and attention to other's themes in spite of their own engagement
- follow the process and make contributions which further the progress in other's work
- report even if problems from work arise

#### **Professional competence**

- conceptualize, abstract, describe, argue, question, criticize, deconstruct and reconstruct, deduct, summarize and find new ideas
- research primary literature effectively, collect, compare, sort out material, cope with a theme

#### **Methodological competence**

- use the methods of Expressive Arts literally in writing and practice them (aesthetic analyses)
- cope with the practiced methods critically
- be acquainted with research methods
- have practiced exact recording