



Philosophical and Aesthetic Foundation – Interdisciplinary Approach CT-2

21 ECTS (11 US cp)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

21 days for the following learning events:

Principles and Practices of Intermodal Expressive Arts Therapy

Core Group and Community Art

Salutogenesis and Building Resilience in Expressive Arts

Accessing Personal and Collective Skills in Situations of Extreme Stress Seminar

Advanced Training and Theoretical Foundations

Fundamental Theories – Imagination, Polyaesthetics, Crystallization Theory and Intermodal Theory Seminar

Body and Movement in Expressive Arts Therapy (Foundation in Expressive Arts oriented Dance)

Body-oriented Practices of Expressive Arts Therapy with the Goal of improving Observational Skills Seminar/Workshop

An Inquiry into the Process of Change

Critical Inquiry into the Concepts of Processes of Change as they manifest themselves across Cultures Seminar

Arts and Society

Lecture: Current Theme in Research

Atelier with Artist in Residence

Workshop

Excursion

Focused on a Cultural Theme

Self study / requirements:

- Participation in forum discussions and the completion of the training module “Self Care for Peace Workers“
- Assigned Reading (240 hours)
- Critiques of literature from a prescribed reading list
- Video critiques and related knowledge assessments
- Individual Portfolio Development
- Requirements to pass Learning Events: Participation, Presentations, Forum Dispute of a given theme

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- a) understand and clearly articulate the basic principles of Expressive Arts theory and practice and Aesthetic Responsibility in Conflict Transformation and Peacebuilding
- b) identify personal coping strategies and creative resources in conflict and crisis contexts
- c) expand personal capacities that draw from resilience models in crisis situations
- d) understand the complexities of intercultural communities with multiple identities
- e) design and integrate the Expressive Arts Interventions in complex and culturally diverse contexts
- f) present Expressive Arts and Peacebuilding theories in lecture and Arts-based formats



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- a) fundamental knowledge of Expressive Arts theory and its application in Conflict Transformation and Peacebuilding
- b) appropriate interventions and responses in conflict transformation that can be applied in the triad of culture, family and conflict
- c) linkages between cultural fluency and aesthetic responsibility
- d) self-care for conflict transformation, peace and health workers
- e) enhancement of community aesthetic value and cultural identity in relation to Peacebuilding

Skills – at the end of the module/unit the learner will have acquired the following skills:

Applying knowledge and understanding

The learner will be able to:

- a) design and lead Community Art
- b) create experiential Conflict Transformation frameworks to strengthen community problem-solving capacities with Expressive Arts principles
- c) design multi-system interventions with peers in situations of crisis and conflict
- d) identify and develop personal art-based practice that heightens the capacity for self care
- e) design Expressive Arts frameworks appropriate to specific social situations
- f) demonstrate analytical thinking from a phenomenological perspective

Judgment Skills and Critical Abilities

The learner will be able to:

- a) identify scenarios that involve acute and timely action in crisis intervention
- b) assess community resources and vulnerabilities
- c) apply the principle of “doing no harm” in change processes
- d) critically engage current texts on Arts-based Peacebuilding and conflict interventions
- e) develop relevant documentation, monitoring and evaluation strategies of Expressive Arts practice