



Philosophical & Aesthetic Foundation, Interdisciplinary Approach Module ITC-D

21 ECTS (11 US cp)

Total Contact Hours: 131

Self-Study Hours: 394

Total Learning Hours of this module: 525

21 days for the following learning events:

Principles and Practices of Intermodal Expressive Arts

Core Group

Advanced Training and Theoretical Foundations

An Inquiry into the Process of Change

Salutogenesis and Building Resilience in Expressive Art

Dance- and Performance - oriented Methods in Expressive Arts

Arts and Society

Lecture: Current Theme in Research

Atelier with Artist in Residence

Workshop

Educational Excursion

Focused on a Cultural Theme

Projects and Portfolio:

- Projects and Portfolio for each Learning Event and Thesis Preparations (193.75 hours)
- Assigned Reading (200 hours)
- Entrance requirements (E): Admissions procedure, Introduction Seminar and interview with a Core Faculty Member of the Program
- Module exam (M): Presentation of Portfolio in peer group and discourse in class (oral dispute) (5 hours)
- Requirements to pass Learning Events: Participation, Presentations, Forum Dispute on a given theme

Competences: – at the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Recognize personal resources and limitations, capacities for learning and attitudes towards the artistic process.
- Develop personal identity and commitment as an artist and expressive arts coach/consultant and the ability to use intermodal arts in practice
- Exercise appropriate professional and ethical conduct in the discussion and application of expressive arts principles in coaching and consulting
- Appreciate and respect cross-cultural and cross-disciplinary differences in perspectives and language domains
- Present research and professional perspectives in oral, written and artistic form in a manner that is clear, engaging and compelling
- Define and outline a project for independent research appropriate to the field of expressive arts
- Conduct and present independent research that contributes to the growth of the emerging field



Knowledge – at the end of the module/unit the learner will have been exposed to the following:

- Integration of basic theoretical and practical concepts in working in the contexts of expressive arts coaching and consulting, including solution focused and resource based orientations
- Theoretical concepts particular to expressive arts work, e.g. intermodality, polyaesthetics, architecture of a session, decentering, liminality, aesthetic response and responsibility, crystallization theory, aesthetic analysis
- Differing disciplinary perspectives on individual and cultural behavior and change
- Understanding of movement and somatic awareness as a foundation of expressive arts work
- Cross-cultural and cross disciplinary perspectives on professional work in coaching and consulting
- Systems theories, e.g. autopoiesis, self organization, chaos theory, and their relevance to individual and organizational change

Skills – at the end of the module/unit the learner will have acquired the following skills:

Applying knowledge and understanding

The learner will be able to:

- Work in an expressive arts-based, solutions focused and resource based way in coaching and consulting with individuals and groups
- Apply theories and methodologies of practice of expressive arts work in practical situations
- Apply the decentering method within the architecture of a coaching session
- Work collaboratively with peers and colleagues
- Articulate personal perspectives clearly and comprehensively

Judgment Skills and Critical Abilities

This section has been made sufficiently open to accommodate both vocational and academic orientations. Applicants can refer to Judgement Skills, or Critical Abilities (critical skills, dispositions, values and actions), or both.

The learner will be able to:

- Research and evaluate cross disciplinary research studies relevant to expressive arts coaching and consulting
- Discriminate among and respect differing disciplinary perspectives regarding the human condition and processes of change in individuals and groups
- Assess personal and group dynamics with professional contexts
- Assess institutional characteristics and resources

Module-Specific Communication Skills

The learner will be able to:

- Understand and assess individual and group dynamics in relation to personal and organizational change
- Listen with an attitude of appreciative curiosity and openness to learning
- Create a facilitative professional relationship with clients

Module-Specific Learner Skills

The learner will be able to:

- Engage in continual personal and professional learning.